

NEWSLETTER

MARCH 2020

ISSUE #2



What Tantrums Don't Mean:

- I hate you.
- You are mean.
- You are a bad parent.
- I'm a bad child.
- I'm manipulating you.
- I need you to meet every demand that I'm yelling.
- I need you to punish me.

What Tantrums Do Mean:

- I'm overwhelmed.
- I'm trying to tell you about a need I have.
- I'm possibly hungry, tired, overwhelmed, lonely, or angry and I don't know how to handle that yet.
- I need to learn a new way to ask you for this need when I am calm.
- I'm new at figuring out big feelings.
- My brain can't understand you when I'm feeling this much emotion.
- I need you to be calm so I can figure out these feelings.
- I don't want to be acting this way.
- I'm watching how you respond to my big feelings so I know how to respond next time.
- I love you and feel safe with you.

Our Mama Village

What is your child really saying when throwing a Tantrum? Above are some helpful ways to remember what your child is trying to say through their behaviour.



Upcoming Events

WHATS ON THIS MONTH!

March

5th World Book day- bring along your favourite book

9th-13th Wildlife Week

- 10th March- Wild Rangers visiting
- 12th March- Wonder bugs- a Kindy incursion
- 9th March- Toddler excursion to nature reserve

17th- St Patrick's Day- Wear Green!

18th-29th- Taste of Harmony (bring in a plate of food from your culture to share for morning or afternoon tea)

20th National No Bullying day

29th-5th Walk for Autism Week. – Staff will engage in the walk for Autism challenge.

Staff Training

Staff Training! Wasn't February a busy month for training for our wonderful dedicated team? In the Month of Feb, the team completed Fire Safety Training using extinguishers to put out a fire, Customer Service Training because there is no one more important than our customers and Child Protection Training to ensure we are up skilled and ready to meet our Duty of care for all children. What a Fantastic bunch of Educators you have for your children!! Well Done Team!

Picture Caption: Robyn from DIVTEC training the staff in customer Service. Miss Nicky fighting the fire to keep the children Safe.

Kindergarten News!

We welcomed Miss Nicky to the Kindy room as the ECT!

This was such an exciting move for the staff and the children and the room is already looking amazing. I love walking into the room and seeing all of the children so engaged in their learning!

We have introduced some extra curriculum activities for our Kindy children this year. This is to assist them with settling into school and attending different classes each day while in Prep. The activities chosen are in line with classes they will attend at school such as music, drama and fitness. If you have any feedback regarding the curriculum or would like to see something specific in the program please let Miss Nicky or Miss Shannyn know.

What on Each Day?

Monday- Music with Marnie! This is an all paid inclusive class for all children.

Tuesday- We do have Ginger Sports here for parents wanting to pay for extra curriculum sport. We also have STEM with Miss Kerry!

Wednesday- Kindy program

Thursday- Drama Class run by O'Grady Drama! This is an all paid inclusive class for all children.

Friday- Happy Feet Fitness! This is an all paid inclusive class for all children.



Have you Seen our new Kindy Shirts and Kindy Hats?

We currently have all colours and sizes in stock and for all ages. Our sizes range from 0-6 and the shirts are only \$10 Each!

Our Hats are new and would fit our Older children from Junior Kindy to Kindy. These hats are only \$5 each and look Fantastic. We do ask for cash only purchases as all money collected will be used to purchase new outdoor play equipment to keep the children engaged 😊

Staff Member of the Month!

The February Staff member of the Month went to Miss Wendy!!! Miss Wendy is a key educator in the Junior Kindy room and a valued member of our team. Wendy applies a positive attitude to her everyday tasks and is always looking out for the best interest of the children. We are so lucky to have Miss Wendy as part of our team.



Junior Kindy Excursion!

What a Fantastic time the Junior Kindy children had on their local excursion. I have never seen so many 2 year olds behave so beautifully in a shopping Centre. The children loved finding their own piece of fruit and yoghurt and were so surprised when we stopped for baby Chinos! It is so wonderful to see our children engaged with the local community.



Toddler News!

You will notice that there are a few more faces in our toddler room. This is because we have a lot of babies transitioning to our toddler environment 😊

The Theme in the toddler room is the Jungle. Miss Nat and Miss Amy have done a wonderful job setting up a jungle area for the children to engage, explore and relax in. The toddlers will go on their first excursion this month to the local parks and conservations. We cannot wait to see our toddlers out and about in the community.

Pre Kindy Fun!

This Month we welcomed Miss Amy to the Pre Kindy Room. It has been a wonderful transition and the children all seem so engaged with the new layout of the room and the new activities. This month the focus has been understanding what our emotions are and how they make us feel. You will notice the children will be coming home talking about happy, sad, angry, etc. We encourage you all to discuss these emotions at home with your child also.

Nursery News!

This month the nursery children are continuing to explore sensory play and indigenous culture. Using natural resources they explore what they feel like and what can be made with each individual item. If you have any natural resources or plants you would like to donate please give them to Miss Vanessa 😊 Miss Vanessa is going on holidays from the 16th of March and will be back on the 16th of April. During this time Miss Kirra and Miss Mirjam will be in the room to keep consistency of key educators for the children. If you have any questions or concerns please chat with Shannyn in the office.

Recipe of the Month!



*Red Lentil Sausage Rolls.
Produces- 18 Serves*

Method:

*Roast capsicum, sweat in bowl and peel skin off, blend capsicum
Cook lentils and blend with capsicum, spices and garlic until smooth
Fold through cheese and crumbs
Pipe on to half sheet of puff pastry and roll
Freeze and cut or cook whole and cut after cooking*

Ingredients:

*Red Lentils- 2 cup
Capsicum Red- 2 each
Garlic roasted- 20 g
Parsley chopped- 20g
Paprika smoked powder- 8g
Cayenne pepper- 1 pinch
Fennel powder- 2g
Cheese vegan grated- 125g
Breadcrumbs white- 125g
Puff pastry- 1.5 sheets*

Have a Fabulous March!